

Main table containing school lunch menus for February, organized by date (Monday to Friday) and meal type (Breakfast, Lunch, Dinner). Each entry includes a menu name, ingredients with quantities, and nutritional information. Special notes include '節分' (Shōun) on Feb 3rd and '堺のめぐみ' (Sakai no Megumi) products.

☆...オープン献立

Nutritional information table with columns for Energy (kcal), Protein (g), Fat (%), Calcium (mg), Magnesium (mg), Iron (mg), Lead (mg), Vitamin A (μgRAE), Vitamin B1 (mg), Vitamin B2 (mg), Vitamin C (mg), Salt (g), and Fiber (g). Rows include '2月平均' (Feb Average) and '文部科学省基準' (MEXT Standard).

※栄養価は、「日本食品標準成分表2020年版(八訂)」に基づき算出しています