

Main table containing school lunch menus for May. It is organized by date (e.g., 5/1, 5/2, 5/3) and includes columns for 'Main Dish', 'Side Dish', and 'Dessert'. Each menu item is accompanied by a list of ingredients and their quantities. Special features include '万博!' (Expo 2025) and 'かしわもち' (Kashiwa Mochi). A '堺のめぐみ' (Sakai no Megumi) section highlights local products used in the meals.

Nutritional information table with columns for 'Energy', 'Protein', 'Fat', 'Calcium', 'Sodium', 'Iron', 'Zinc', 'Vitamin A', 'Vitamin B1', 'Vitamin B2', 'Vitamin C', 'Salt Equivalent', and 'Fiber'. It provides average values for the month and compares them to the 'National Standard' (文部科学省基準).

※栄養価は「日本食品標準成分表2020年版(8訂)」に基づき算出しています