

Main table containing school lunch menus for May, organized by day (Monday to Friday) and week. Each menu includes a main dish, side dishes, and a drink, with detailed ingredient lists and quantities. Includes special notices for '万博' (Expo 2025) and 'かしわもち' (Kashiwa Mochi).

Nutritional information table with columns for Energy (kcal), Protein, Fat, Calcium, Magnesium, Iron, Lead, Vitamin A, B1, B2, C, Sodium, and Fiber. It provides average values and comparison to standards.

※栄養価は、「日本食品標準成分表2020年版(八訂)」に基づき算出しています