

Main table containing school lunch menus for May, organized by date (Monday to Friday) and meal number (1-10). Each entry includes a list of ingredients with quantities and nutritional values. Includes a '万博!' (Expo 2025) theme and a '堺のめぐみ' (Sakai's Treasures) section.

Nutritional summary table with columns for Energy (kcal), Protein, Fat, Calcium, Magnesium, Iron, Lead, Vitamin A, B1, B2, C, Sodium, and Fiber. It provides average values for the month and compares them to national standards.

※栄養価は、「日本食品標準成分表2020年版(八訂)」に基づき算出しています