

Table for the first week (Nov 1-7). Includes main course 'コーンブレッド' (Corn Bread) and 'ごはん・牛乳' (Rice and Milk). Text describes the 2025 Osaka Expo and the 'Coke' theme.

Table for the second week (Nov 8-14). Features '11月8日は「いい歯の日」' (Nov 8 is 'Good Teeth Day'). Includes 'ごはん・牛乳' and '肉じゃが' (Beef Stew).

Table for the third week (Nov 15-21). Includes '黒糖パン・牛乳' (Black Sugar Bread and Milk) and 'ごはん・牛乳' (Rice and Milk). Text mentions '万博献立' (Expo Menu).

Table for the fourth week (Nov 22-28). Includes 'ごはん・牛乳' (Rice and Milk) and '肉団子スープ' (Meat Dumpling Soup). Text mentions '11月21日(木)に堺市産の小松菜が入った「堺のめぐみ」が登場します。'.

Table for the fifth week (Nov 29-Dec 5). Includes 'ごはん・牛乳' (Rice and Milk) and 'ごはん(増量)・牛乳' (Increased Rice and Milk). Text mentions '堺のめぐみ' (Sakai no Megumi).

Nutritional information table with columns for Energy (kcal), Protein, Fat, Calcium, Magnesium, Iron, Zinc, Vitamin A, B1, B2, C, and Fiber. Includes a note: '※栄養価は「日本食品標準成分表2020年版(八訂)」に基づき算出しています'