

Main table containing school lunch menus for November, organized by date (e.g., 11/1, 11/8, 11/11, 11/12, 11/13, 11/14, 11/15, 11/18, 11/19, 11/20, 11/21, 11/22, 11/25, 11/26, 11/27, 11/28, 11/29). Each menu includes a main dish, side dishes, and a drink, with detailed ingredient lists and nutritional values.

※栄養価は「日本食品標準成分表2020年版(八訂)」に基づき算出しています