

Table with 5 columns (Date, Meal, Ingredients, Energy, Protein) for days 2, 3, 4, 5, 6. Includes a note about '堺のめぐみコロッケ' on Dec 4th.

Table with 5 columns (Date, Meal, Ingredients, Energy, Protein) for days 9, 10, 11 (Winter Holiday), 12, 13. Includes a note about '万博献立' and 'ギリシャ'.

Table with 5 columns (Date, Meal, Ingredients, Energy, Protein) for days 16, 17, 18, 19, 20. Includes a note about '冬至献立' and 'お楽しみ献立'.

Table with 5 columns (Date, Meal, Ingredients, Energy, Protein) for day 23.

Announcement for the 2025 Osaka-Kansai Expo, featuring the Greek flag and text about the 'Giriya' theme and olive oil consumption.

Announcement for '堺のめぐみ' (Sakai no Megumi) local products, listing dates and items like '冬至献立' and 'お楽しみ献立'.

Winter information section including '冬至(今年は12月21日)', '冬休みも元気にすごしましょう!', and '3学期の給食は1月10日(金)からです'.

Table with 12 columns (Nutrient, Value, Reference) for 12-month average and science-based standards.

※栄養価は「日本食品標準成分表2020年版(八訂)」に基づき算出しています